

September 2022

***This Institution is an equal Opportunity Provider**
***Milk Is Offered with All Meals: 1% white & Chocolate Skim**
*** Menu Is Subject to Change**

Labor Day	Italian Dunker Sauce 6 th Bread Sticks Lettuce Fruit	Taco Boat 7 th Refried Beans Spanish Rice Lettuce/Tomatoes Fruit	Sub Sandwich 8 th Fixings Carrot sticks Fruit	Pizza 9 th Scoops/Salsa Black Bean Salsa Fresh Vegetables Apple/Orange slices
BBQ in a Bun 12 th Tater Tots Pork and Beans Fruit	Turkey/Gravy 13 th Mashed Potatoes Candied Carrots Dinner Roll Fruit	Chicken Strips 14 th Hash Browns Garbanzo Beans Carrot sticks Fruit	Grilled Cheese 15 th Tomato Soup Crackers Fresh Vegetables Fruit	Taco in a Bag 16 th Fixings/Lettuce Spanish Rice Fresh Vegetables Fruit
Hamburger on a Bun 19 th French Fries Pork and Beans Fruit	Spaghetti 20 th Noodles Lettuce Carrot sticks Fruit	Chicken Chompers 21 st Mashed Potatoes Corn Fruit	Chicken Tenders 22 nd Waffles/Syrup Lettuce Broccoli Fruit	Pizza 23 rd Scoops/Salsa Black Bean Salsa Fresh Vegetables Apple/Orange slices
Hot Turkey on a Bun 26 th Au Gratin Potatoes Green Beans Fruit	Pork Patty 27 th Mashed Potatoes Winter Blend Dinner Roll Fruit	Corn Dogs 28 th Mac and Cheese Vegetable cup Fruit	Chicken Nuggets 29 th Hash Browns Garbanzo Beans Slice of Bread Fruit	Quesadilla Fixings 30 th Spanish Rice Refried Beans Fruit